<CONTENTS> RESEARCH IN EXERCISE EPIDEMIOLOGY VOL.9

Preface

Shuzo Kumagai (Institute of Health Science, Kyushu University)	
Review	
Exercise epidemiology on cognitive function and brain-derived neurotrophic factor	1
Shuzo Kumagai	1
(Institute of Health Science, Kyushu University)	
[Symposium: Epidemiology of physical activity]	
Current research on environmental factors that influence physical activity 1	17
Shigeru Inoue	
(Department of Preventive Medicine and Public Health, Tokyo Medical University)	
Effects of Physical Activity on Health Status in the Elderly 1	19
Kaijun Niu	
(Graduate School of Medicine, Tohoku University)	
Longitudinal Study of QOL and Exercise Habit among the Elderly - SEC Project 15 2	20
Akio Kubota	
(Shizuok Health Institute)	
The Effect of a New Exercise Program Including Tai Chi Chuan and Kung Fu	
Gymnastics Elements for the Physical Fitness of Older Subjects Who Have	
Lower Physical Fitness- Compared to a Well - Accepted Exercise Program 2	22
Hui Guo	
(Graduate School of Medicine, Tohoku University)	
Association between Leisure-Time Physical Activity and Urinary Incontinence in	
Association between Leisure-Time Physical Activity and Urinary Incontinence in Community-Based Elderly Women: The Tsurugaya Project	23
	23
Community-Based Elderly Women: The Tsurugaya Project	23
Community-Based Elderly Women: The Tsurugaya Project	23
Community-Based Elderly Women: The Tsurugaya Project	
Community-Based Elderly Women: The Tsurugaya Project	
Community-Based Elderly Women: The Tsurugaya Project	
Community-Based Elderly Women: The Tsurugaya Project	
Community-Based Elderly Women: The Tsurugaya Project	24

Information