

Version_update	ver1.0, 2023/**/**
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Contact_2	wkudo-cps★umin.ac.jp Please replace "★" with "@" above.
Resource	The resource data for this file is comprised of the data from our analysis (in submission).
Data preparation	Extract the skeletal muscle area at the level of the L3-L4 disc in the CT cross-sectional image; for detailed extraction methods, including the extent of the PMA, PSMA, and TSMA compartments, see the reference below. [Kudo W, Terui K, Hattori S, Takenouchi A, Komatsu S, Oita S, Sato Y, Hishiki T. Establishment and validation of reference values for abdominal skeletal muscle compartments in children. Clin Nutr. 2023 Mar 2;42(5):653-660. doi:10.1016/j.clnu.2023.02.022. PMID: 36934494.]
How to use	1. If you select the "Dates" mode, input the " Birthday" and " Examination day" in the yyyy/mm/dd format and your age will be automatically displayed. Alternatively, if you select the "Age" mode, input the age to the first decimal place. 2. Please input " Sex" in M or F, "Height" in meters, "PMA" and "PSMA" and "TSMA" should be in square centimeters. "PMA", "PSMA" and "TSMA" do not need to be filled in entirely, only the data you own. 3. Click "Calculate" to display the skeletal muscle index and the Z-score in the "Output Data" column, and the plot on the chart in the right.
Abbreviation	PMA: psoas muscle area, PSMA: paraspinal muscle area, TSMA: total skeletal muscle area
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