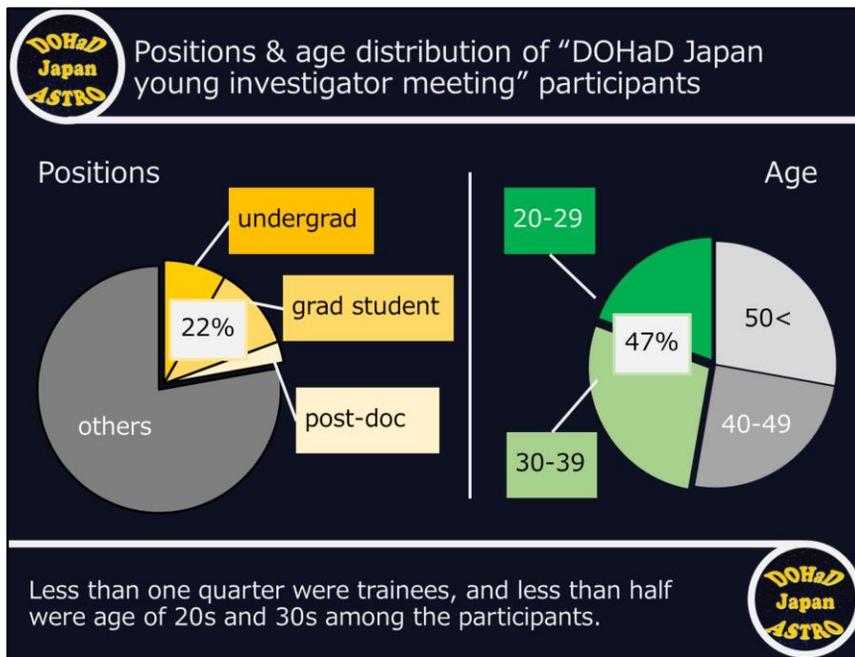




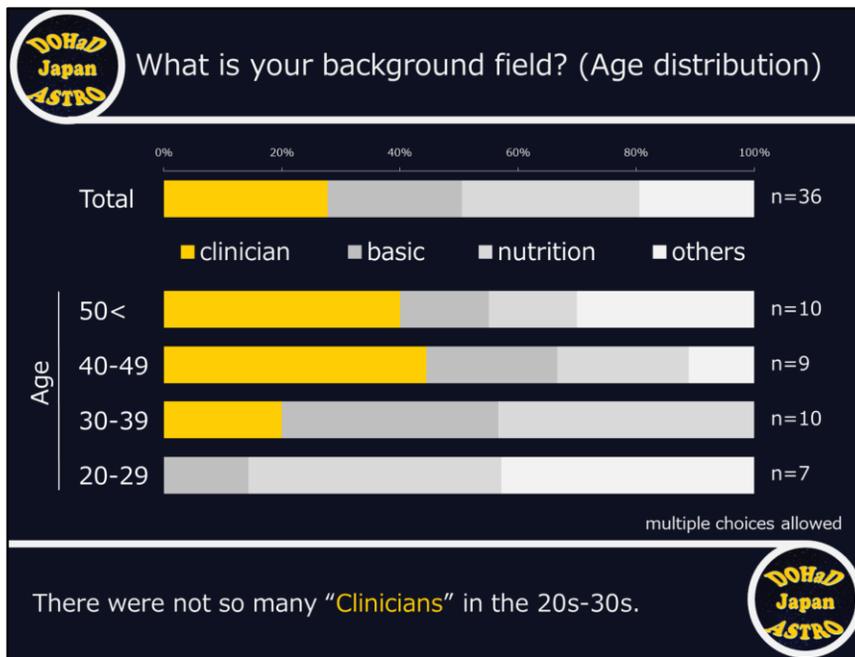
DOHaD JAPAN ASTRO took a paper-based survey on the participants at the DOHaD Japan young investigator meeting, Aug 16<sup>th</sup>, 2018. Thank you for those who had kindly answered the questionnaire, which was up to 97% of the participants. Based on the results and analysis on this survey, here we are posting



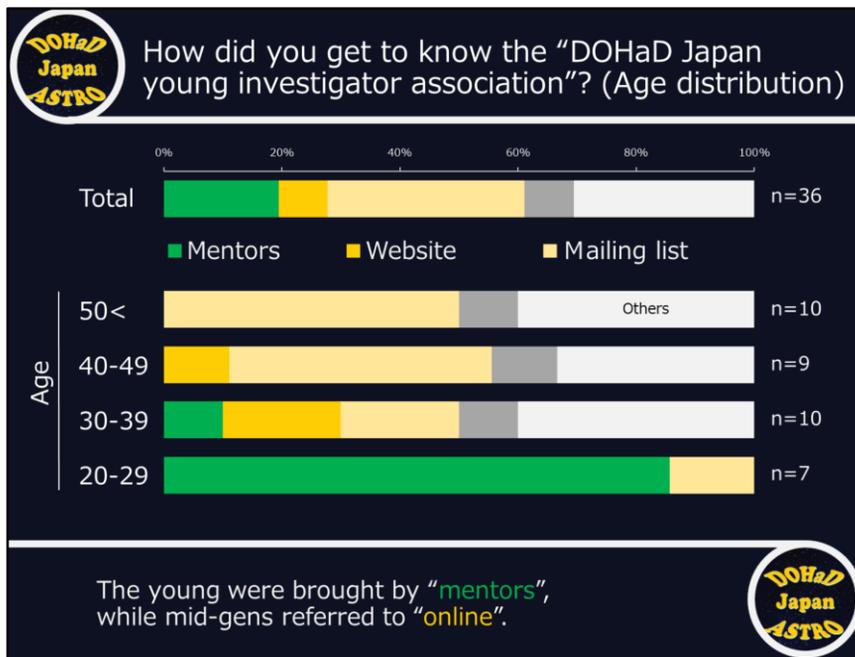
The "International DOHaD Affiliated Society Trainee" defines trainee as undergrads, grad-students, and post-docs.

The percentage of the "trainees" and "20s and 30s" were less than a quarter and a half, respectively, among the participants.

It is our primary mission to increase the number of young investigators involved to DOHaD research.



To analyze the character of the participants at the DOHaD Japan young investigator meeting, we questioned about their research background. As a whole, "clinicians" "basic scientists" and "nutrition scientists" were nearly the same ratio. Breaking down to ages, there were no or few clinicians in that 20s and 30s, respectively. This might be reflecting the fact that the clinicians are having difficulty in being involved to research from their early career, since they spend six years in medical school, followed by at least two years of junior resident training. Turning this to advantage, we should consider exposing medical students or junior residents to the DOHaD concept by sending them to DOHaD related classes or meetings. Therefore, it is critically important to transmit information to medical students and young clinicians.



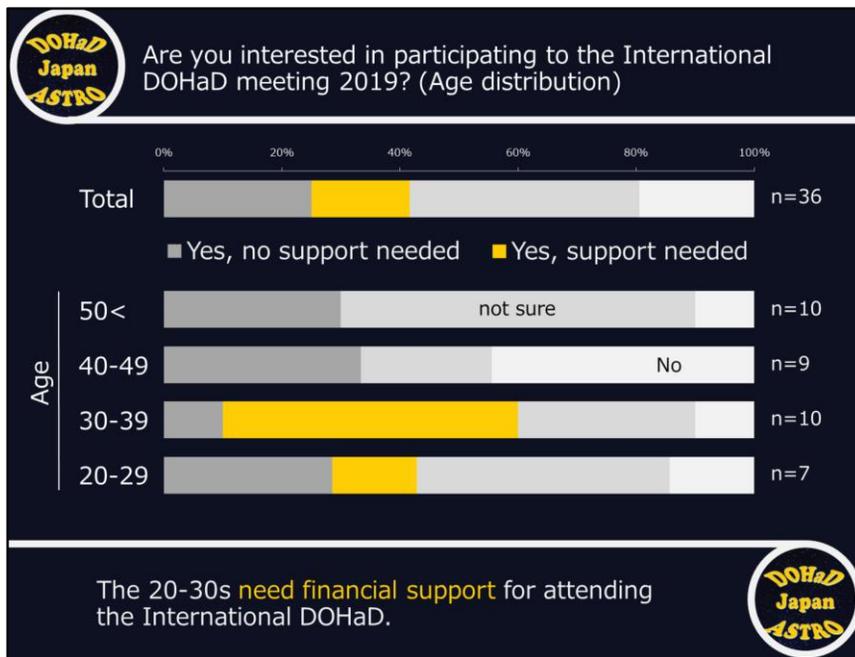
We asked how did they get to know the "DOHaD Japan young investigator association."

The e-mailing list was the majority as a whole, while the 20s were predominantly brought by their mentors, which indicates that the mentors are actively bringing their student to meetings.

Mentors should continue encouraging their students to attend this meeting.

It is worth noting that in the 30s and 40s, website and e-mailing lists are the main source to get information about meetings.

Internet is an invaluable tool to distribute information about DOHaD research.



We also asked whether the researchers were interested in participating the International DOHaD meeting 2019. Approximately half were interested or planning to participate the meeting. Furthermore, the 20s and 30s also showed interest towards attendance, though financial support is needed to do so. Some kind of subsidized project, such as Travel awards, are required to increase young researchers to be able to attend the meeting.



## Three suggestions

1. Increase DOHaD trainee members, especially postdocs, grad-students, undergrads, and young clinicians.
2. Distribute DOHaD research by mentors' recruitment and internet information delivery system.
3. Support young researchers to participate the International DOHaD meeting.



We, the DOHaD JAPAN ASTRO will suggest to;

1. Increase DOHaD trainee members, especially postdocs, grad students, undergrads, and young clinicians.
2. Distribute DOHaD research by mentors' recruitment and internet information delivery system.
3. Support young researchers to participate the International DOHaD meeting.

We appreciate for continuous support and will carry out activities based on these suggestions.

Keep an eye on our future activities!